

May 2018 Menu

Cobequid Schools Catering Society

Tatamagouche Elementary School

Monday Arrowroot & Fruit	Tuesday Goldfish & Veggies	Wednesday Veggies	Thursday Fruit & Yogurt	Friday Cookie & Veggies
Apr. 30 French Toast with berry sauce OR Spaghetti & Garlic Bread	May 1 Beef taco wrap Cheese, beef, salsa, with rice OR Garlic Pizza	May 2 Mashed potatoes Chicken bites OR Grilled cheese and tators	May 3 Hamburger or Cheeseburger OR Pancakes & Sausage	May 4 Ham & cheese Panini on multigrain flatbread OR 2 Cheese Pizza
May 7 Waffles with berry sauce OR Spaghetti & Garlic Bread	May 8 Beef Taco Salad lettuce, cheese, tomatoes Or Garlic Pizza	May 9 Crispy chicken wrap on wheat tortilla OR Grilled cheese & tators	May 10 Chicken Burrito Bowl, chicken, rice, veggies OR Pancakes & Sausage	May 11 Chicken Caesar Salad & Garlic Bread OR 2 Cheese Pizza
May 14 French Toast with berry sauce OR Spaghetti & Garlic Bread	May 15 Chili loaded nachos, cheese, salsa, sour cream OR Garlic Pizza	May 16 Chicken drumstick, potatoes OR Grilled Cheese & Tators	May 17 Hamburger or cheeseburger OR 2 cheese pizza	May 18 PD Day No classes
May 21 Victoria Day School Closed	May 22 Soft Taco & Rice OR Garlic Pizza	May 23 Pineapple chicken Veggies & rice OR Grilled Cheese & tators	May 24 Homemade Macaroni & cheese OR Pancakes & Sausage	May 25 Ham & cheese Panini on multigrain flatbread OR 2 Cheese Pizza
May 28 Waffles with berry sauce OR Spaghetti & Garlic Bread	May 29 Chipotle Beef Wrap with rice OR Garlic Pizza	May 30 Mashed potatoes Chicken bites OR Grilled cheese and tators	May 31 Hamburger or Cheeseburger OR Pancakes & Sausage	Jun. 1 Chicken Caesar Salad & Garlic Bread OR 2 Cheese Pizza

Recess items (as available)

Frozen yogurt tubes-----0.75
 Goldfish crackers-----0.50
 Welch fruit snacks-----1.00
 Baked chip snacks-----1.00
 Fresh fruit (apple, orange, banana)--0.50
 Frozen fruit sorbets-----1.00
 Baked Goods (as available)-----1.00
 Fruit Cup (as ordered)-----1.00
 Veggie Plate (as ordered)-----1.00
 Hard boiled egg (as ordered) -----0.50

Beverages

2% white milk (250 ml) \$0.40
 250ml chocolate milk \$1.35
 Small juice cup \$0.60
 500 ml bottled water \$1.00
 Juice box (Apple) 200 ml \$0.75

**If you would like any RECESS items at Lunch
 Please write on LUNCH ticket. Thank you**

Daily special (without drink/dessert) \$3.60, Daily special with small white milk or juice cup \$4.00

Daily special with 250 ml chocolate milk \$4.75

If you have not received a paper credit, please pay full amount. Credits issued at end of month. Please make cheques payable Cobequid Schools Catering Society. PLEASE NOTE THE FOLLOWING: Please enter your child's name and grade on each ticket.