

TATAMAGOUCHE ELEMENTARY IS A NUT AWARE SCHOOL

Within our school community there are students who have a potentially life-threatening allergy (anaphylaxis) to foods, predominantly to peanuts and tree nuts. Tree nuts include almonds, Brazil nuts, cashews, hazelnuts, macadamia nuts, pecans, pine nuts, pistachio nuts, and walnuts.

We feel the best way to reduce the risk of accidental exposure to these students is to respectfully ask for the cooperation of all parents and guardians to avoid sending these products or any products with nuts in the ingredients. This would include granola bars and trail mix.

We acknowledge that identifying products which contain nuts and nut products is getting a little easier, it can still be difficult sifting through the information. That is why we cannot, as a school, be responsible for staff checking labels on foods and snacks. Your cooperation and vigilance is critical if we are to avoid any serious health issues for those students who are allergic to nuts and nut products.

We will continue to remind students through class instructions, assemblies, and other educational opportunities, of the dangers of anaphylaxis and the importance of respecting that we are a 'Nut Aware' school. We would also like to stress to all parents, guardians, and responsible adults at home that talking to your child about these issues, and keeping an eye on the contents of foods, means we address the potential problems at the source, at home.

